

Report of National Service Scheme- Bhagini Nivedita College 2022-23 (NSS-BNC)

PRAKARAM DIWAS-NSS volunteers celebrated PARAKRAM DIWAS on the birth anniversary of Netaji Subhash Chandra Bose on 19th January 2023. This event included essay writing and poster making competitions. The topic for the essay writing competition was “Life of Subhash Chandra Bose” and for poster making, it was “Netaji Subhash Chandra Bose”. Students participated by sending their entries to the provided email.



Pledge taking Ceremony: Our volunteers took a pledge to uphold the democratic traditions of our country and the dignity of free, fair and peaceful elections on 25th Jan 2023. In this ceremony students were also made aware about the value of casting a vote fearlessly. Main Bharat Hun song was also played as per the received instructions from the office of CEO Delhi. 60 students participated in this event.



Participation in National Tribal Festival: On 23rd and 24th January 2023, Ministry of Tribal affairs and Tribal Cooperative Marketing Development of India organized two days event to celebrate the spirit of Tribal crafts, culture and commerce. As per the received mail, our NSS volunteers participated in this event.



National Youth Day and Republic Day Celebration: to remind people of the importance of these two days, our NSS students celebrated national youth day on 12 Jan 2023 and national republic day on 26th January respectively. Relevant posters were posted on social media.



Self Defence Training Programme: To develop confidence among girl students, MoYAS and Delhi Police signed an MOU for imparting Self-defense training to Girls volunteers. Under this scheme, our 16 NSS students enthusiastically received training under the supervision of Head Constable, Mrs. Kavita and Mrs. Poonam from 11th Feb to 17th Feb 2023 within the college premises. Later on, these students beautifully demonstrated their skill at the inaugural session of Sashakti programme, held at the Police headquarter, New Delhi on 18th February. They were appreciated by all and received certificate.





AMRITPEX 23 DU CHAPTER: On 3rd Feb 2023, university of Delhi in collaboration with the Department of posts, Ministry of Communication celebrated AMRITPEX 23. As per the requirement of the Programme, two NSS-BNC volunteers participated in this event.



Workshop on Famex Disaster Management: On 2nd March, NSS-BNC organized an workshop on Disaster management Familiarization Exercises. In this workshop, NDRF team visited college and taught various techniques to our students that could be applied by them against any natural or manmade disaster. Our Principal Ma'am, Dr. Raj Bhardwaj presence and her words encouraged our students. Programme was carried forward by Mr. Amit Kumar, ICD, South West District and Mr. Vinod Kumar, In-charge of NDRF team. An Interactive session between officers and students took place. The event was very useful as it brought more awareness about disaster respond exercises. It was applauded by all. More than 60 students participated in this programme.



Raahgiri Day Celebration Fight against Pollution: NSS- BNC organized a Raahgiri Day on 3rd March 2023. Event began with the lamp lightening followed by Principal Ma'am speech on the importance to keep road pollution free and safe environment. A skit on the theme 'Fight against pollution' was presented by our students. A speech was delivered by a student and programme continued by few other dance performances. Students enjoyed this event and their participation made it successful.



Meditation and Mental Health: On 3rd March 2023, university of Delhi under the auspices of Azadi ka amrit Mahotsav and centenary celebration of university of Delhi organized the programme 'Meditation and Mental Health'. In view of this celebration, four NSS volunteers attended this programme.



Democracy Room: On 21st April 2023, NSS unit established a Democracy room to promote the knowledge about electoral procedure and voting rights among the students. The event began with the valuable words of our Principal Madam, Dr. Raj Bhardwaj and followed by a student's speech named Aastha. Room was decorated with posters and a short film known as 'Matdata junction' was screened. Students were also made aware about various stages of applying voter



ID, (For example Form no. 6, 7 and 8). NSS volunteers expressed their thoughts on voting rights and encouraged other students to understand the value of their vote. The event remained successful and a good number of students participated in it.

Magic Show, DU: University of Delhi organized a Magic Show on 3rd May 2023 at Mutipurpose Hall, Sport Complex, NSS nominated volunteers attended this programme.



Registration on Yuva Portal: As per the received mail, Ministry of youth Affairs and Sports has launched Yuva Portal for internship/ experiential learning in different categories like Police, NYKS and entrepreneurship in all states. Nineteen NSS volunteers of Bhagini Nivedita College have registered themselves on this Yuva Portal up till now.

Environmental Friendly Lifestyle: National Service Scheme in collaboration with Department of Environmental Studies celebrated and promoted Environmental Friendly Lifestyle by conducting **Save Yamuna** competition and a pledge ceremony on 2nd June (Friday) at 1:00 pm in room no. 35. More than 70 students participated in this event. The name of the winners are, Ist Prize (Name –Drishti Maini, Roll No. 211104, B. A. Prog. IInd year)
IInd Prize (Name –Jigyasa Kohli, Roll No. 221402, B. A. Prog. Ist year)
IIIrd Prize (Name –Pragya Tripathi, Roll No. 221623, B. A. Prog. Ist year)



World Environment Day Celebration: On 5th June 2023 National Service Scheme in collaboration with Department of Environmental Studies organized an online national webinar on Butterfly – Habitat, Monitoring and Conservation in order to aware the students regarding the importance of conservation of butterfly. Dr Sohail Madan, Ex Assistant Director BNHS was the speaker for this session. Prof. Raj Bhardwaj, Principal Ma'am began the programme from her inspiring words. In the session, Dr Sohail explained various aspect of the theme such as the life cycle of the butterfly, needs of creating butterfly garden and role of butterflies in our ecosystem in interesting manner. Students enjoyed the session. They learn about how to create butterfly garden in our premises.



Plantation Drive: The webinar was followed by plantation Drive in the premises of the College in order to aware the students regarding the importance of plants in our life. Students participated enthusiastically.



International Yoga Day: On 21st June 2023, National Service Scheme of Bhagini Nivedita College in collaboration with Physical Education Department celebrated International Yoga Day within the premises of the college. In this celebration students were made aware to live a stress free life. Mr. Dheeraj Yadav, a Yoga Expert, was invited as a guest to give us yoga training. The programme was began with the inspiring words of our Principal Madam, Prof. Raj Bhardwaj. In this session, Mr. Dheeraj Yadav taught us right meditation techniques and various kind of Asans and their value that could be useful in enhancing holistic development of mind, body and soul if follow on daily basis. All students enjoyed the session. Teaching and non-Teaching staff also joined us. They learned value of Yoga in everyday life.



Centenary Celebration DU: University of Delhi hold a closing ceremony of its centenary celebration on 30th June 2023 which was graced by our India's Hon'be Prime Minister, Narendra Modi. Our nominated NSS volunteers attended this programme with excitement.



Electoral Literacy Club: As per the received mail regarding constituting ELC, NSS unit constituted a club with ten NSS volunteers as its members and NSS Programme Officer as a Coordinator.

Dr Shaheen

Programme Officer, NSS