A field visit was organised to Your Own Green Area (Y.O.G.A) for B.Sc (Hons) Home Science IV Semester students on 16 th March 2023 in Gurugram. The students were made aware about Indoor Air Quality(IAQ) and its importance. They were shown sensors which monitor PM 2.5 and CO 2 and were told about a product Clean Air Bubble(CAB) which helps in maintaining good indoor air quality. CAB has been developed and patented by YOGA and students had real life experience of breathing pure air with PM2.5 concentration of 5µg/m 3 or less and CO2 concentration of 700ppm or less. This is claimed to be the best IAQ in any office which is maintained consistently throughout the day. The students had a great learning experience of understanding IAQ concepts and having a hands on experience in monitoring of IAQ using sensors and monitors.





