



Faculty Details proforma for DU Web-site

(PLEASE FILL THIS IN AND Email it to websiteDU@du.ac.in)

Title	Mrs.	First Name	Punita	Last Name	Sethi	Photograph
Designation		Associate Professor				
Address		354, Sector-A, Pocket – C Vasant Kunj, New Delhi -110070				
Phone No	Office	28017485				
	Residence					
	Mobile	9811214895				
Email	Web-Page	punitasethi77@gmail.com				
Educational Qualifications						
Degree		Institution			Year	
B.Sc (Home Science) Hons		Lady Irwin College (University of Delhi)			1991	
M.Sc (Foods and Nutrition)		Lady Irwin College (University Of Delhi)			1993	
B.Ed		Lady Irwin College (University Of Delhi)			1995	
Career Profile						
<ul style="list-style-type: none"> • Working as Associate Professor in the Department of Home Science, Bhagini Nivedita College teaching Food and Nutrition and its related subject to undergraduates in B.Sc Home Science Hons and B.A Programme Nutrition and Health Education (NHE) and Food Technology (FT). • Having more than 26 years of teaching Undergraduate as well as postgraduate students • Have taught many subjects under various courses enriching teaching learning experience Varied subjects like Nutrition and health Education, Food Science, Food Safety, Public Nutrition, Therapeutic Nutrition. • Worked as NSS Programme Coordinator for two years 2010-2012 						
EXPERIENCE IN CURRICULUM DEVELOPMENT AND EVALUATION						
<ul style="list-style-type: none"> • Was appointed expert member in curriculum revision of Nutrition and Health Education Course under BA Programme from restructured stream to semester and then to CBCS 2015 • Appointed member curriculum revision for CBCS to LOCF 2017-18 • Taken IGNOU PG classes as Professional Counselor at IHE and IPHH, Mahipalpur center. • Involved as External Examiners in various college of DU, Manav Rachna University, IHM PUSA IGNOU etc. 						
Administrative Assignments						
<ul style="list-style-type: none"> • Actively involved in college administrative assignments assigned from time to time. • Appointed Convener/member in Academic Committee, Time table, Purchase committee, Student Welfare, Canteen committee, Swacchata Bharat Committee, Health and Hygiene Committee etc. • Was Appointed Nodal officer for Clean City Campaign organized by Delhi Government • Appointed member in Building committee, surveyor for building inspection, media officer etc. • Teacher representative in Governing Body. 						

- NEP Committee member 2021- Currently
- Teacher In Charge of Home Science Department 1999-2001, 2004-2006, 2013-2015, 2020- till date
- Member Faculty of sciences 2003- 2006
- COC member for B.Sc Hons and Convener BA Nutrition and Health Education(NHE)
- COC of NEP Structure for NHE
- Member – Pitching team for Course in B. Sc Hons Nutrition and Dietetics under NEP Scheme

Areas of Interest / Specialization

Therapeutic Nutrition, Public Nutrition, Institutional Food Administration, Food Science, Nutrition through Life Cycle, Adolescence Nutrition, Obesity and Co Morbidities, Food Service Management, Entrepreneurship, Nutrition during Disaster Management, Nutrition Counselling/ Guidance, Infant Feeding Practices, Food Adulteration and Food Safety

Subjects Taught

1. B. Sc Home Science Hons. – Food and Nutrition, Therapeutic Nutrition, Public Nutrition
2. B.A Programme: Nutrition and Health Education- Public Nutrition, Current concerns of Nutrition, Food Safety and Security, Therapeutic Nutrition, Community Nutrition, Home Based Catering
3. B.A Programme: Food Technology- Fundamentals of Food Science and Nutrition, Home Based Catering, Basic Baking Technology
4. B.A Programme : Application Course (NHE)

Time table of the subjects taught during the current semester

S.No.	Subject	Days	Time	Classroom
Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.	Click here to enter text.
1.	Therapeutic Nutrition	Monday	10- 1 pm	Online teaching
2.	((B.Sc H.Sc Hons) Food and Nutrition	Thursday	11-1 pm	
3.	(B. Sc Hons H.Sc) Therapeutic Nutrition	Thursday	9-10 am	Online teaching
4.	(B.A prog NHE)	Tuesday	11-12 pm	
	Fundamentals of food Science & technology (B.A Prog FT)	Thursday	10-11am	Online teaching
		Friday	9-12 pm	
		Monday	1-2pm	
		Tuesday	12-1pm	
		Wednesday	9-1 pm	

Research Guidance
<p>Has supervised 3 M.Sc. Dissertation for IGNOU Students pursuing M. Sc Nutrition & Dietetics ,</p> <ul style="list-style-type: none"> • 2010-2011: To Study and Compare the Weaning Practices among 6-24 months infants and the effect of Nutritional Counselling on mothers of Delayed weaned infants, • 2010-2011: To Study the Prevalent Eating Patterns and its impact on the incidence of Obesity and Anemia among Adolescent girls (13-15 years), Belonging to MIG and use of Instructional Tools in imparting Nutritional Knowledge. • 2011-2013: To Study the Prevalent Eating Pattern and its Impact on incidence of Obesity among Adolescence belonging to MIG and use of Instructional Tools in imparting nutritional knowledge among them.
Publications Profile
<ul style="list-style-type: none"> • Authored two books. <ol style="list-style-type: none"> 1. Aahar Vigyan, Suraksha Evam Poshan 2015. ISBN No 978-81-88901-60-9, Elite Publishing. 2. Poshan Va Swasthya ke Mool Siddhant, 2007 ISBN No. 81-904240-7-6, Academic Pratibha. • Published paper on “Assessment of Food Service System and Development of Food Management Guide for Institutions Catering to Children with special needs. Home Science Associations Journal 2001. • Published Articles in a magazine in 2007, 2008, 2010 • Prepared and published booklets for catering institutions working with mentally challenged as well as infant weaning guide. • Leaflets for school going children regarding healthy tiffin’s, Anemia and Obesity among School going Children.
Publications in the Last one year
Conference Organization/ Presentations (in the last three years)
<ul style="list-style-type: none"> • Delivered webinar as Expert Speaker –organized by NSS Bhagini Nivedita College on the topic Adolescence Nutrition: Issues and Challenges in 2021. • Organized series of webinars in college in last two years from eminent speakers on varied themes of Nutrition. <ol style="list-style-type: none"> <u>1.</u> Webinar on ‘First 1000 Days: Eating Right for Health and Immunity with the eminent speaker - Dr Pulkit Mathur, Asst. Professor, Lady Irwin College, University of Delhi; Senior Technical Advisor, NCEARD, LIC, University of Delhi on 4th September 2020 (Friday) <u>2.</u> Webinar on Tackling Anemia Through Rice Fortification in Government Food Safety Net Programs. Speaker Mr. Neeraj Jain, Feb 2021

<p>3. Webinar on Scope of Food and Nutrition in light of Covid 19. Speaker: Dr. Prabhod Halde. 16.5.2020</p> <p>4. International webinar on Understanding the key Aspects of Technology Readiness Level in Indian Scenario. Speaker Dr. Shivendu Ranjan. 20.5.2020.</p>
<p>Research Projects (Major Grants/Research Collaboration)</p> <p>Successfully completed a 12-month Innovation Research project, University of Delhi 2013-2014, titled Big Brands Quality Promise: Are They Just Words. Funded by Ministry of Science and Technology, along with co-Principal Investigators.</p>
<p>Awards and Distinctions</p> <ul style="list-style-type: none"> Awarded C.L and K.K Ohri Scholarship for Academic Excellence in 1992.
<p>Association With Professional Bodies</p> <p>Associated with many Professional Bodies as Life Member</p> <ul style="list-style-type: none"> Nutrition Society of India (Delhi Chapter) Indian Dietetic Association AFSTI Home Science Association of India IAPEN Food and Nutrition Department, Lady Irwin college Lady Irwin College Alumni Currently holding post of EDITOR for e- newsletter of NSI (Delhi Chapter) Was executive member in IDA (Delhi Chapter)
<p>Other Activities</p> <ul style="list-style-type: none"> Involved in extension work in community. Worked with NGO Stree Skati in capacity building of Aaganwadi workers as well as counselor for community engagement initiatives. Organized Health Mela in college. Appointed Judge in events like poster making, recipe making, Nukkad Natak etc in Lady Irwin College, Laxmi Bai College, Daulat Ram college, BhaskaraCharya College, IHE, SPM etc. Involved in Curriculum revision of NHE, FT, Therapeutic Nutrition in BA Programme mode, CBCS, LOCF mode

Signature of Faculty Member

- You are also requested to also give your complete resume as a DOC or PDF file to be attached as a link on your faculty page.