



Faculty Details proforma for DU Web-site

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Title	Capt.(Ms.)	First Name	Parminder	Last Name	Sehgal	Photograph
Designation	Associate Professor					
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Educational Qualifications						
Degree	Institution				Year	
M.Sc. (Foods and Nutrition)	Awdhesh Pratap Singh University, Rewa				1990	
Career Profile						
<ul style="list-style-type: none">• Working as Associate Professor in the Department of Home Science, Bhagini Nivedita College teaching Foods and Nutrition Courses in B Sc Home Science Honours, Food Technology & Nutrition and Health Education in BA Programme Course.• Officer-In- Charge NCC, University of Delhi since 2013 till date.• Programme Coordinator NSS, University of Delhi since 2014 till date.• Have over 25 years of teaching experience.• Associate NCC Officer of the college since 2006.• Worked as Deputy Proctor, Vice Chancellor's Office, University of Delhi- 2012 to 2016.						
Administrative Assignments						
<ul style="list-style-type: none">• Member, IQAC Committee• Member, COVID-19 Task Force• Chairperson, ICC BNC from August 2017 to 2021• Convenor, Discipline Committee• Convenor, Time Table Committee• Deputy Superintendent Practical and theory Examinations• Teacher Incharge, Home Sc. Dept., BNC for two years• ICT and website coordinator, Bhagini Nivedita College from September 2009 to July 2012.						
Member of University Committees – <ul style="list-style-type: none">• <i>Unnat Bharat Abhiyaan</i> Committee DU.• <i>Ek Bharat Shresht Bharat</i> Committee DU.						

- Editorial Board Member, Annual Report of DU 2013-2021.
- NCC as GE in NEP – syllabi formation committee
- Thematic Committee- ISR for the Centenary Celebration of the University.
- Thematic Committee-Sports for the Centenary Celebration of the University.
- Thematic Committee-Cultural for the Centenary Celebration of the University.
- Logistics Coordinator and Programme Implementation Committee for the Centenary Celebration of the University.

Administrative assignments :

- Caretaker NCC Air Wing in 1999.
- Associate NCC Officer of the college since 2000.
- Worked as Deputy Proctor, Vice Chancellor's Office, University of Delhi- 2012 to 2016.
- Officer In Charge NCC, University of Delhi since 2013 till date.
- Programme Coordinator NSS, University of Delhi since 2014 till date.
- Coordinator, PROJECT GYANODAYA- College on Wheels, successfully managed five such ventures over the years 2012 to 2014- coordinated multi-disciplinary projects taken up during the journeys.
- Was the member Secretary and member coordinating committee of Antardhwani- Cultural Fest of the University.
- Organized NSS Special Camp with NSS Volunteers from five colleges of the University of Delhi in Kair and Mitrao Villages on the outskirts of Delhi NCR, as a first time initiative by the University to generate awareness through a participative social activity to clean up rural India as part of Swatch Bharat Abhiyaan.
- Organized Workshops on Self Defense to Empower Women and Civil Defense for emergency preparedness.
- Working as a stakeholder with the Election Commission of India. Appoint NSS SVEEP College Campus
- Ambassadors every year to coordinate with the office of the CEO and their college.
- Nodal Officer for Delhi University in the Digital India Program of the Govt. and conducted awareness workshop for college students to train them as master trainers.
- Organized- Human Value Workshop for the NCC cadets and NSS volunteers of 63 colleges of the University.
- Have been actively involved in all facets related to community service by encouraging faculty and student volunteer groups to take up projects, organize and conduct them in an appropriate manner in the community and in their adopted slum/villages.
- Have been the interface between multiple stake holders and the NSS Units and ensured proper coordination of all activities with multitude of agencies.
- Synergized the efforts of NSS volunteers across colleges to showcase their capabilities at various events- Swatch Bharat Abhiyan, Swachhta Pakhwada, Swachhata Hi Seva, Women Safety workshops, Ek Bharat Shresht Bharat, Beti Bachao Beti Padao, SVEEP, Aatmanirbhar Bharat, Fit India, Road Safety Awareness, Constitution Day, Yoga Workshops, Cancer Awareness, Menstrual Hygiene, CPR Training, National Nutritional Week, Adult Literacy, Tree Plantation Drive, Fight against Corona Virus, Each One Feed One, Awareness on NEP, Awareness on Mental Health and other social issues.

- Has been part of BOO for syllabus of NCC as an Elective Subject in UG.
- As an examiner and evaluator of Certificate Exams of NCC Senior Division and Senior Wing Cadets.
- Has been part of NCC Republic Day Camp 2018.
- Brought NCC participation by students to the forefront by conceptualizing, planning and executing various projects and activities at the University level as well as and various colleges viz, Independence Day, Republic Day parades from 2012 -21. Participation of NCC students in various schemes, projects and activities, showcasing their organisational skills and abilities at important events viz, Antardhavani 2013-15, Foundation Day 2013-21, Swachh Bharat Abhiyaan, Women Safety workshops, National Integration Camps, Beti Bachao Beti Padoo, Kargil Vijay Diwas, Surgical Strike Day, Pulwama Martyrs Day, Wall of Heroes, 100yrs of the Jallianwala Bagh Massacre, The Armed Forces Flag Day, Rashtriya Ekta Diwas (National Unity Day) etc.
- Formulated SOPs and guidelines for NCC at University of Delhi. Contributed significantly and interfaced with University/colleges and NCC Directorate.
- Organized- Human Value Workshop for the NCC Cadets.
- Appointed NCC SVEEP College Campus Ambassadors.
- Synergized the efforts of NCC students across colleges to showcase their capabilities at events such as visits of dignitaries and guests to the University to include President of India, Minister of HRD, Govt of India, CM of Delhi, other dignitaries and foreign delegations.
- Selection of ANO's was ensured in almost all colleges with NCC as OIC since 2013 to 2021. The selection process is under the Chairmanship of Pro Vice Chancellor along with officers from NCC Delhi Directorate.
- Coordination for the First International day of Yoga- more than one thousand cadets participated in the University stadium. Ever since coordinating the event.
- Coordinated and organized the visit of students from Kashmir to DU since 2014 to 2019 as part of Indian Army's Op Sadbhavana initiative.
- Main Coordinator of first two Online ESB (Ek Bharat Shresht Bharat) Camps representing NCC Delhi Directorate in the present pandemic.
- Created help desk for COVID-19 related information and reached out to as many as possible through social platforms.
- Introduced NCC under ECA in UG Admissions in DU since 2016. Ensuring incentives to JD/JW and SD/SW pan India. Integral part of the admission process till date to ensure transparent screening.
- Part of the committee for inclusion of NCC as a General Elective subject under NEP and its acceptance in principle by the Academic and Executive council of the University of Delhi.
- Have contributed in various University committees since 2012:-
- Coordinator-DU *Swachhata Bharat Abhiyaan Samiti*;
- Member of the Inspection Committee Board of Residence Health and Discipline Board, Ord. XV of DU;
- Returning Officer for election of Non-Academic Staff-Central Pool Grievance Committee;
- Member of the Internal Complaints Committee (ICC), University of Delhi
- Member of the Vice Chancellors Internship Programme Committee;
- NAAC peer team member DU;
- Mentor Program Coordinator for SAP & Mentoring and Facilitation Skills by MGNCRE,

MHRD.

- NCC and NSS ECA Admission Committee of the University of Delhi

Areas of Interest / Specialization

Obesity and co-morbidities, Nutrition and Wellbeing, Public Health Nutrition, Nutrition Education, Nutrition Counseling, Preservation, Nutrition of Cadets, Social Outreach activities, NCC & NSS activities.

Subjects Taught

- Nutrition and Health Education
- Food Technology
- Food and Nutrition
- Public Nutrition
- NCC – Common Subjects
- NCC- Specialised Subjects

Time table of the subjects taught during the current semester

S.No.	Subject	Days	Time	Classroom
1	BSc H.ScHonsIIlyr	Monday	9-10 a.m	Online teaching
2	BA Prog FT Ilyr	Tuesday	9-10 a.m	Online teaching
3	BA Prog FT Ilyr	Tuesday	10 a.m-2p.m.	Online teaching
4	BA Prog FT Ilyr	Wednesday	11-12noon	Online teaching
5.	BA Prog FT Ilyr	Wednesday	10-11a.m.	Online teaching
6.	BSc H.ScHonsIIlyr	Thursday	9-11a.m	Online teaching
7.	BA Prog FT Ilyr	Thursday	11-12noon	Online teaching
8.	BSc H.ScHonsIIlyr	Friday	9-11 a.m	Online teaching
9.	BA Prog FT Ilyr	Friday	11-12noon	Online teaching

Publications in the Last one year

Conference Organization/ Presentations (in the last three years)

- Expert speaker on the topic 'NSS and Community Service' in Unnat Bharat Abhiyaan- Students' Ambassador Training Programme held on 13 June 2021
- Presented paper on 'NCC AT A GLANCE-An ANOs perspective' in national conference on 'Role of NCC in National Integration' held on 18th October 2020 at RLA College, University of Delhi.
- Expert speaker in National Conference, "Restructuring of NSS: Concept Paper" as NSS Programme Coordinator, DU. Hon'ble MoS, Youth Affairs & Sports Sh. Vijay Goel presided over the event at India Habitat Centre on 10 July 2017.
- Participated in the conference entitled "Restructuring of NSS" as NSS Programme Coordinator, DU which involved discussion with Honorable Minister of Youth Affairs and Sports, Shri Vijay Goel, on various aspects of NSS held at VigyanBhawan, New Delhi on 31st March 2017.

Research Projects (Major Grants/Research Collaboration)

- Innovation project of University of Delhi- BNC 301 (2015-16) on 'Anthropometric Considerations in Novel Uniform Design of Women Cadets' funded by the Ministry of Science & Technology, Govt. of India - along with a co-investigator.

Awards and Distinctions

- Gold Medalist in B.H.Sc. and M.Sc. Foods and Nutrition.
- Recipient of Silver Medal in the NCC PRCN Course and Gold Medal for the Best Marksmen.
- Was felicitated by CEO, Delhi for organizing the Matdatta Mahotsava 2016 and 2018, an initiative by the Election Commission of India.
- Was awarded the Best Associate NCC Officer by Grp C, NCC Delhi Directorate.
- Recipient of DG NCC Commendation Card 2017.
- Was awarded the Veerta Award and the NCC Achievers Award in 2018- Best Associate NCC Officer for outstanding contribution to NCC.
- Was awarded the Women Empowerment Award 2019 by Bhagidari Jan Sahyog Samiti.
- Recipient of DG NCC Commendation Card 2021.

Association With Professional Bodies

- Indian Dietetic Association
- Nutrition Society of India

Other Activities

Attended various NCC Camps- Republic Day, Pre- Republic Day Camp, Ek Bharat Shresth Bharat Camp, Combined Annual Training Camp, Annual Training Camp, Army attachment Camp and NSS Special Camp.

Signature of Faculty Member